



 Welcome to our October Newsletter! Here you will find details about our upcoming events. Don't forget to follow our new Facebook page, "Friends Of Jarvis Township Seniors". You can also go to troyseniorcenter.com to see all that's going on at the center. Please take a moment to look over the newsletter and join us for anything that might interest you. All are welcome, so bring a friend! You make our world go round!

 Our next Monthly Luncheon is October 1st at NOON at Wiesemeyer. \$10 at the door. We are serving, chili with or without a hotdog, Fritos, Cole slaw, a peach cup and dessert. deluxe sugar cookie. Elizabeth LaKamp is entertaining. **RSVP IS VERY IMPORTANT! Last day to RSVP is Friday Sept. 25th.** If you RSVP'd and can no longer make it, PLEASE call the center at 618.667.2022 and let us know!

 October 7th, the bus departs at 10:45 am for our day trip to Stages to see "Come from Away". We'll enjoy lunch at Zia's on The Hill. This trip is currently full, please call the center to get on the wait list.

 Bingo is every Monday at 12:30 pm. At Wiesemeyer. Prize is \$2 per win! Join us!

 Shoot the Breeze continues on Monday's at 11:30 at Wiesemeyer. Shoot the Breeze is just that, a time to get together and chat! You are welcome to bring a sack lunch, and catch up with friends. We have also added a Swap Table! Bring gently used, clothing, household goods, decorations etc. to donate to anyone who wants it. Take something, leave something!

 Our Sit n Get Fit Class meets every Wednesday at 10 AM at the Wiesemeyer building. This class improves strength and flexibility, all in a fun inviting setting! We even exercise to the Beer Barrel Polka! Bring a friend for this seated exercise class! Weights, exercise bands and water are provided. **THIS CLASS IS FREE! No RSVP required.**

 Pokeno is Wed. the 21st at 12:30 at Wiesemeyer. Prizes now \$2 per win! We'll serve a light snack; there is no cost to play. No RSVP required. You do not need to know how to play. Cambridge House of Maryville has agreed to provided snacks for the all of 2026! **THANK YOU TO ANGIE!**

 Drum Fun continues every Friday at 9 AM at the skating rink. Lisa Edwards leads the group! Free to participate. No talent needed! 😊

 **AARP will be here for the "Smart Driver Class" on the 8th and 22nd from noon till 4 pm each day at the office. If your driver's license will expire this year, or if you feel you could use a refresher on the latest rules of the road, this is the class for you! You must RSVP! Call 618.667.2022. Cost is \$20 for AARP members, \$25 for nonmembers. All materials provided.**

 **We play Hand and Foot the second and third Thursdays of the month. In October we'll play on the 8th and the 15th from 12:45 – 3:30 pm at the office building. No experience needed! Free to play. Come one come all!**

 **Food and Friends will get together October 28th at 4 PM. Location will be voted on at the September dinner. All separate checks, and everyone drives to the restaurant. It's a fun time to relax and enjoy and good meal with friends. RSVP is a must! Call the center at 618.667.2022 to RSVP.**

 **BUNCO is played the last Thursday of the month at Wiesemeyer, our next game is October 29th at 1 PM. We are looking for additional subs! Please call the center to get on the waiting or sub list. 618.667.2022**

 **Our Alzheimer's Support Group meets on the first and fourth Wednesday's of the each month at the office at 409 Collinsville Rd. in the Tri-Township Park. We'll meet on the 7th and 28th of October. No charge to attend. If you or some one you know could use some extra support living with this disease, join us! The best support often comes from others dealing with the same issues.**

Day Trips 2026

You may take a number as soon as 9 am on the first date of ticket sales for any day trip. NO EARLY SALES. Two tickets per person max. Check or credit card preferred, cash accepted.

October 7th – Stages St. Louis, "Come from Away". A true story of the 7000 airline passengers stranded in Gander, Newfoundland after the 9/11 attacks, and the small town that welcomed them. Call the center to inquire regarding open seats. 618.667.2022

Dec. 19th 2 PM – Powell Hall Mercy Holiday Celebration. Bus departs 10:15 am. Lunch at Zia's on The Hill. \$95 per person by check, \$98 per person by credit card. Tickets on sale Nov. 16th 10am.

If you have suggestions for Live and Learns, new entertainment, or day trip ideas, please let me know! As always, my hours are generally Mon. Wed. Thurs. from 9 am till 2 pm. Please know, if I am in the office, my door is always open! If not at the office you can always leave a message at 618.667.2022 and I will get back with you as quick as I can!

Wanda Todoroff

Activity Director 618.667.2022



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