



Welcome to our May newsletter. Hard to believe we are headed to the official start of summer, the center will be closed on Memorial Day the 25th. Happy Mother's day to all who care for children! Please take a moment to look over the newsletter and join us for anything that might interest you. All are welcome so bring a friend! You make our world go round!



Our next Monthly Luncheon is May 7th at NOON at Wiesemeyer. \$10 at the door. We are serving chili-mac, garlic cheese bread and corn with dessert. Dave Sheppard is entertaining. **RSVP IS VERY IMPORTANT!** Last day to RSVP is Friday May 1st. If you RSVP'd and can no longer make it, PLEASE call the center at 618.667.2022 and let us know! Many Thanks!



Our next Day Trip is to Anheuser-Busch Brewery on Thursday May 14th. \$80 per person. This trip is currently full. If you are interested call to be placed on the waiting list.



Drum Fun continues every Friday at 9 AM at the skating rink.! Lisa Edwards leads the group, and it's more fun than ever! Free to participate. No talent needed! 😊! Thank you, Lisa! Drummers unite!



Shoot the Breeze continues on Monday's at 11:30 at Wiesemeyer. Shoot the Breeze is just that, a time to get together and chat! You are welcome to bring a sack lunch, and catch up with friends. We have also added a Swap Table! Bring gently used, clothing, household goods, decorations etc. to donate to anyone who wants it. Take something, leave something! Of note: **YOU MUST TAKE ANYTHING THAT IS NOT TAKEN BACK HOME WITH YOU!**



We play Hand and Foot the second and third Thursdays of the month. In May we'll play on the 14th and the 21st from 12:45 – 3:30 pm at the office building. No experience needed! Free to play. Come one come all!



Our Sit n Get Fit Class meets every Wednesday at 10 AM at the Wiesemeyer building. This class improves strength and flexibility, all in a fun inviting setting! We even exercise to the Beer Barrel Polka! Bring a friend for this seated exercise class! Weights, exercise bands and water are provided. **THIS CLASS IS FREE!** No RSVP required.



Pokeno is Wed. the 20th at 12:30 at Wiesemeyer. We'll serve a light snack, and there is no cost to play. No RSVP required. You do not need to know how to play. Cambridge House of Maryville has agreed to provided snacks for the all of 2026! THANK YOU TO ANGIE!



Food and Friends is May 27th at 4 PM. Location will be voted on at the April dinner. RSVP is a must! Call the center at 618.667.2022 to RSVP.



BUNCO is played the last Thursday of the month at Wiesemeyer, our next game is May 28th at 1 PM. Seats are currently full; however, we are looking for additional subs. Please call the center to get on the waiting or sub list. 618.667.2022



The Alzheimer's Support group meets on the first and fourth Wednesday's of the each month at the office. We'll meet on the 6th and 27th of May. No charge to attend. If you or some one you know could use some extra support living with this disease, join us!

The best support often comes from others dealing with the same issues.



Overnight Trips 2026

May 18 – 23 - Biloxi and New Orleans. This trip is currently full.

September 20- 26 - Garden of the Gods, Royal Gorge, Colorado Springs



Day Trips 2026

Thank you to those who serve on our Day Trip Committee. We have a great line up of day trips planned for 2026. Details will follow as the time gets closer. Details are subject to change as the year goes on.

You may take a number as soon as 9 am on the first date of ticket sales for any day trip. NO EARLY SALES. Two tickets per person max.

May 14th – Anheuser- Busch Brewery Tour. This trip is currently full.

July 9th – Grizzlies Game. Tickets on sale June 8th 10 am. Details to follow.

October – Stages St. Louis, “Come from Away”

December – The Fox – Will decide based on their December schedule later in the year

If you have suggestions for Live and Learns, new entertainment, or day trip ideas, please let me know! As always, my hours are generally Mon. Wed. Thurs. from 9 am till 2 pm. Please know, if I am in the office, my door is always open! If not at the office you can always leave a message at 618.667.2022 and I will get back with you as quick as I can!

Wanda Todoroff

Activity Director 618.667.2022

