

Happy Thanksgiving

Welcome to our November Newsletter! Here you will find all the news that is news! Please take a minute to look over the calendar and newsletter, we have a few changes and additions. Join us when you can, and don't forget to invite friends! Thanks as always for making our center a fun place to be! YOU make the difference!



It's SWEATS for VETS MONTH! We are collecting NEW sweat shirts and pants to be donated to the veterans at Jefferson Barracks. Any size or color is welcome, but they are in need of larger sizes, large, x-large, 2-3 x etc. If you wish to donate, please bring your donation to any event or to the center at 409 Collinsville Rd. Hours are Mon. Wed. and Thurs. 9 AM till approx. 2 PM.



Our next Monthly Luncheon is November 7th at NOON at Wiesemeyer. In honor of Veterans Day, we have The Mid America Airlifter Brass Band entertaining. We will be honoring veterans from all branches We are serving turkey, mashed potatoes and gravy, green bean casserole, a dinner roll, with pumpkin or pecan pie for dessert. \$10 at the door. RSVP IS VERY IMPORTANT! If you RSVP'd and can no longer make it, PLEASE call the center at 618.667.2022, and let us know! Many Thanks!



DRUM FUN TIME IS CHANGING! Starting Friday Nov. 4th we will be at the skating rink at 9 AM. Drum Fun will be on Friday's through the colder months. Lisa Edwards will be back to lead the group!! Thank you Lisa! Bring a friend! ALL ARE WELCOME! This seated session is perfect for music lovers who want to have a good laugh and improve and maintain upper body strength and mobility. This class is FREE! NO RSVP required! Join us!



Bingo continues every Monday at 12:30 at Wiesemeyer. We'll have a light snack and there is no cost to play, and no RSVP required.



"Sit n Get Fit" Class meets every Wednesday at 10 AM at the house. This class improves strength and flexibility, all in a fun inviting setting! Bring a friend for this seated exercise class! Weights, exercise bands and water are provided. THIS CLASS IS FREE! Please RSVP to the office at 618.667.2022. If you forget to RSVP, come anyway, we'll make it work!



Pokeno is Wed. November 20th at 12:30 at Wiesemeyer. We'll serve a light snack, and there is no cost to play. No RSVP required. Cambridge House will be providing snacks for all of 2024! THANK YOU TO ANGIE at CAMBRIDGE HOUSE IN MARYVILLE!



The November Food and Friends Club dinner is Wed. the 27th at 4 PM. The location will be decided at the October dinner. Stay tuned! All are welcome! We'll do separate checks, and share all the news that is news! RSVP IS REQUIRED, because we will have a good size group! RSVP by Friday November 22nd. Please call 618.667.2022! Can't wait to see you for dinner!



BUNCO DATE CHANGE! Due to Thanksgiving, we'll play a week early on the 21st at 1 PM. \$5 to play, cash prizes for most Bunco's, Wins and Losses. Snacks provided! We are always looking for players and subs, call the center at 618.667.2022 to be put on the list, and to RSVP.

Day Trips 2024



Miners Theater in Collinsville, Sat. Dec. 21st. First we'll enjoy dinner at Ravanelli's, then head to Miner's Theater to hear the ShinSings Orchestra perform the Sinatra Christmas Big Band Tribute. From Frank Sinatra, to Dean Martin, Michael Buble, Harry Connick Jr, and more. This 12 piece Little Big Band includes the finest musicians in the midwest, bringing the LasVegas Rat Pack heydays to life! We will have bus transport for this trip due to limited parking at both the restaurant and the theater. We also want to be prepared should it rain or snow. We'll let the bus driver worry about the driving! \$90 for the day. Non refundable tickets go on sale November 4th at 10 AM.

I'm working hard on our 2025 calendar! If you have suggestions for Live and Learns, new entertainment, or day trip ideas, please let me know! As always, my hours are generally Mon. Wed. Thurs. from 9 am till 2 pm. Please know, if I am in the office at the "house" my door is always open! If not at the "house" you can always leave a message at 618.667.2022 and I'll get back with you as quick as I can!

Wanda Todoroff Activity Director 618.667.2022

